

# CORSI DI GRUPPO

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
08:00		MAT intermedio		MAT intermedio		
08:30	MAT intermedio		MAT intermedio		STANDING MAT	
09:00		MAT intermedio		MAT intermedio		
09:30	MAT intermedio					
10:00		MAT base		MAT base		master class *
10:30						
11:00						
11:30						
12:00						
12:30						
13:00						
13:30			BOOTY BARRE			
14:00				MAT intermedio		
14:30						
15:00						
15:30						
16:00						
16:30						
17:00						
17:30						
18:00	MAT intermedio			MAT intermedio	special class*	
18:30						
19:00		BOOTY BARRE		BOOTY BARRE		
19:30	BOOTY BARRE		BOOTY BARRE			
20:00		MAT intermedio		Mat intermedio		

\* Su prenotazione/Consulta il calendario

# REFORMER

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
07:30	REFORMER		REFORMER		REFORMER	
08:00		REFORMER		REFORMER		
08:30	REFORMER		REFORMER		REFORMER	
09:00		REFORMER		REFORMER		
09:30	REFORMER		REFORMER		REFORMER	
10:00		REFORMER		REFORMER		
10:30	REFORMER				REFORMER	
11:00		REFORMER		REFORMER		
11:30	REFORMER		REFORMER		REFORMER	
12:00						
12:30						
13:00		REFORMER				
13:30						
14:00	REFORMER	REFORMER	REFORMER	REFORMER	REFORMER	
14:30						
15:00		REFORMER		REFORMER	REFORMER	
15:30						
16:00						
16:30						
17:00	REFORMER	REFORMER	REFORMER	REFORMER		
17:30						
18:00	REFORMER	REFORMER	REFORMER	REFORMER		
18:30						
19:00	REFORMER	REFORMER	REFORMER	REFORMER		
19:30						
20:00	REFORMER					